

Voice

Brought To You By Your Social Committee

Dining Out Alexandra's

American Fusion Restaurant
2700 Turf Valley Rd, Ellicott City, MD
21042

Live music 6 - 9 pm

Friday September 21 2018

5:30 pm

featuring happy hour 5 - 7 pm

Menu Prices

visit www.alexandrasrestaurant.com
for menu

RSVP by Thursday
September 13 2018

Sign up sheet in the clubhouse

Any questions call Peggy Sauter
410-428-7496

Brought To You By Your Education Committee

Lecture



New Federal Tax Law & You!

By

Cristy Bennett CPA

Tuesday September 18

1 pm to 3 pm

Sign-up in the clubhouse

Please shred your
newsletter and telephone
directory after use. Do not
toss it in the garbage.
Thank you.



Save the Date

Movie Night

Friday, October 26

Todd Brown Magician

Saturday, November 10

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Community Bulletin Board

Community Meetings

HOA Mtg.	Monday, September 5 at 10 am (MR)
Condo II	Thursday, September 13 at 6:30 pm 2520 KG Lobby
Villas I, II, III	Monday, September 10 at 2:30 pm (GR)
Social Cmt.	Thursday, September 13 at 7 pm (GR)

Locations (G) = Games Room; (GR) = Great Room; (MR) = Meeting Room

Note: All meetings are open to residents unless it is a notified executive session. See *Maryland Homeowners Association Act and Maryland Condominium Act.*



Please Note: Newsletter Deadline

Deadline for the **October 2018** newsletter is **Friday, Sept 14**
Submissions received after that date cannot be included. Email them to Lesley Allen at: landm23@gmail.com.

Please confirm availability of the clubhouse with the OSM before submitting for publication to prevent conflicting events.



Clubhouse Office

Office hours: 8 am to 5 pm, Monday through Thursday
8 am to noon, Friday

On-Site Manager (OSM): Lisa Shank can be contacted by calling the office number.

Phone No: 410-465-1652

Fax No: 410-465-8924

Email: ellicotthillsclubhouse@comcast.net

In an emergency out of office hours, call 703-600-6000.

Use the locked drop box outside the front door when the office is closed.



Website Access:

Enter the address

<http://www.enclaveellicotthills.com>

When the sign-in box pops up, enter **your email address** and the password **55alive**.

Note: For access to the website you need your **CURRENT** email address. Please let the office know immediately of any changes to your email or telephone number.

HOA / Condo / Villas Board HOA 2018

President: Pat Vogel
Vice President: Steve Hammett

Condos I

President: Linda Bluth
Treasurer: Kathy Buck

Condos II

President: Ann Golden
Vice President: Charles Griesacker

Condos III

President: Jim Edwards
Vice President: Tom Francis

Villas I

President: Sheila Begg
Vice President: Regina Abbott

Villas II

President: Susan Bortner
Vice President: Alexa Fair

Villas III

President: Cynthia Smith
Treasurer: Ed Podhajsky

Contact details are in our telephone directory. Don't have one then ask our OSM for a copy or find it on our Website.

Howard County Police Dept.
non-emergency 410-313-2200





Michael & Janie Marrie

2809 Union Drive

Mumtaz Mehboob

2540 Kensington Gardens Unit 102.

Steven & Sun Park

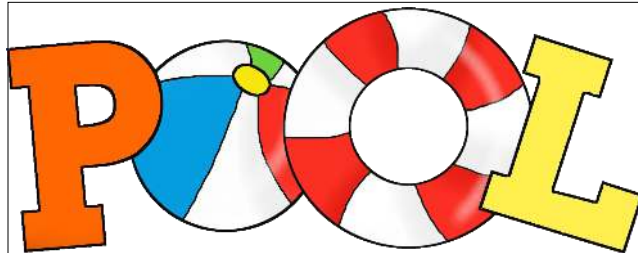
2540 Kensington Gardens Unit 304



NEW OFFICE HOURS

Monday to Thursday 8 am-5 pm

Friday 8 am-noon



Season Extended

The 2018 pool season has been extend until September 16th. The pool hours will remain the same

Monday to Friday 10:30 am to 7:30 pm
Saturday & Sunday 11:30 am to 7:30 pm

**Pool Closes
September 16**



Bunco

If you know of people that have newly moved into our community, please invite them to Bunco.

Everyone brings their lunch and whatever they want to drink. Tea, coffee and water are provided as is a dessert.

Cost? Everyone donates \$3.00 which is divided into our three gifts for Bunco.

Questions: Please contact Joyce Lee 410-750-2254 or jflee404@gmail.com Please respond by 4 September. **Everyone Welcome.**

Maryland is the first state in the country to start a free, opt-in,



telephone service to check on Maryland's older residents, all across the state.

Seniors can enroll online or over the phone. Anyone 65+ with a landline or a cell phone can specify one time per day to receive an automated call. If the senior does not answer after three attempts, the program will call an alternative person who is selected by the senior during program registration.

Seniors can register online at www.aging.maryland.gov or by calling the Maryland Department of Aging at 410-767-3738.

Spread the word in your own neighborhood! This is a great way to check on our older friends in the community and to help combat social isolation.

A Speedy Recovery To:

Sue Bruley

Charles Stevens

Save the Date October 27! EH Singles Pilgrim's Pot Luck in the Clubhouse

If you want to join or need to update your contact information on the Singles Contact List, please email alexafair@verizon.net

or call her at 410-465-2966.

We will be taking RSVPs and coordinating the menu starting in September.



**FREE
ADMISSION**

Brought To You By Your Social Committee At The Clubhouse

Movie NIGHT

**Friday, September 28
At 8 pm**

Mildred Hayes, (Academy Award winner Frances McDormand) a hard-nosed mother is seeking justice for her murdered daughter. With no arrests after seven months, Mildred puts up three roadside signs to goad Ebbing police chief (Woody Harrelson) into action. But the law - and especially Officer Dixon, (Sam Rockwell) a hot-headed deputy - don't take kindly to the provocation. This Academy Award nomination for best picture, based on a true story, is a must see.



BYOB, soft drinks and popcorn will be provided.
Questions to: Sherryl Theaman 201-828-9131
**Sign Up By: Thursday September 27 on the designated
sheet in the clubhouse.**

August Chill'n & Grill'n



Many thanks to those of you who supported the four musicians from The Hammond Jazz Combo at our C & G in August. The music was jazzy but soft and easy and was enjoyed by all.



Brought To You By Your Social Committee At The Clubhouse



October 13, 2018

7:30 pm

\$5.00 per person

Feeling lucky???

Join us for an evening of innocent fun at the tables! We are staking you to play Texas hold'em poker, black jack and roulette...Place your bets and hope that lady luck is on your side.

Prizes will be awarded.

BYOB, soft drinks and desserts will be provided.

RSVP By: September 21 2018

Sign Up Sheet in the Clubhouse

For questions call Sherryl Theaman

201-264-6689 or 201-828-9131

Limit 50

Brought To You By Your Social Committee



Community Event

Chillin' & Grillin'

At The Enclave Pool
Monday September 3
4 pm to 7 pm



Please join us at the Enclave Pool for our last Chillin' & Grillin' of the season. Bring what you would like to have grilled (*Event Participants Only*) and plan on spending the afternoon with your family and friends. **Please bring a dish** to share. You will be doing the "Chillin" while our "Master Grillers" will be doing the "Grillin".

Condiments, light drinks and paper goods supplied by your Social Committee.

Dessert is on us!!

Ice Cream Sundaes with all the toppings or Ice Cream Cones
Served 6:00 - 7:00 pm or until the last scoop is gone!

Grill will close at 6:30 pm.

Questions, call Pat Meiller 410-446-2470

Hope To See You There!

Clubs at the Clubhouse

New members are always welcome.

Book Club: Wednesday, September 12 at 7 pm to discuss *The Midnight Line* by Lee Child. October's book is *Wild* by Cheryl Strayed. Call Judy Dunn 609-315-7485 for information. New members always welcome. (GR)



Bridge (evening): Thursday, September 13 & 27, at 7 pm. All skill levels are welcome. Call Phyllis Mitchell 410-461-4667. (G).



Bridge (Duplicate): Thursday, September 6 & 20 at 7 pm. Call Phyllis Mitchell 410-461-4667. (G)

Bunco: Thursday, September 6 at 10 am. Call Joyce Lee for further information 410-750-2264. (G)



Canasta: Every Wednesday at 7 pm. Please RSVP Sherryl Theaman 201-828-9131. (G)



Happy Hour: Fridays in the clubhouse, 4:30 - 7 pm. BYOB and a snack to share. All are welcome. Call Sheila Begg for further information 410-465-8363. (GR).



MahJongg (afternoon): Every Wednesday from 1-4 pm. Call Linda Modzelewski 410-750-1944. Open to new players. (G)



MahJongg (evening): Every Tuesday from 7 pm. Call Sheila Bernstein 410-465-0822. New players very welcome. (G)

Mexican Train: Every Tuesday from 1-4 pm. Call Bette Berry for further information 410-750-3202. Open to new players. (PR)



Poker Club: Every Monday and Wednesday at 7 pm. Call Vince Sanudo 410-461-4360 for information. There is a waiting list for new players. (PR)



Singles Group: No event this month.

CLUBHOUSE VENUES KEY: (GR)=Great Room; (G)=Games Room; (L)=Library; (MR)=Meeting Room; (PR)=Poker Room; (CL)=Condo Lobby.

Fitness & Classes for everyone

See gym Notice Board for instructors and contact information.

Enclave Walkers: invite you to join them. Call Regina Abbott (410-750-8681).

Exercise: toning every Thursday at 5 pm with Diana. \$12 drop-in class.

Pilates Class: every Wednesday morning with Diana from 10:00 - 10:45 am; \$12 drop-in. (MR)

Tennis: open tennis for all interested players Monday, Wednesday, Friday, 9:00 am to noon. Call Carl Bernstein (410-465-0822) or Bill Kreitlow (410-203-0763). Weather permitting.

Yoga: every Tuesday at 10 am with Kristen and again on Thursdays at 9:30 am with Eric. Have a free class on your first visit, otherwise \$10 per class. (MR)

Zumba Gold: meets twice a week on Mondays and Fridays, 9 - 10 am, first lesson free and then \$5 per class.

Aqua Aerobics: meets twice a week on Mondays and Wednesdays at 11 am throughout the pool season.

Aqua Zumba: meets every Tuesday at 5:30 pm throughout the pool season.

foodie

By Len Picton

Indigestion

As we age our taste buds become less sensitive. Unfortunately, at the same time, our digestive systems become more sensitive and delicate. We become gun shy about onions, garlic and sweet peppers at precisely the time that our food could use being boosted up a notch. As an example, my wife Lee has such sensitivities. She loves liverwurst sandwiches, but they absolutely require some raw onion. Her solution is to add a few tiny pieces of onion to the sandwich on the basis that the improved taste is worth the price of indigestion. She often gets away with it.

French cooks all use the triumvirate of onions, garlic and celery as a base in their cuisine. Welsh cooks are crippled without onions and currants. Can Italians cook without garlic? Pity the spouses of those with these sensitivities; they are doomed to bland food.

Dr. Len to the rescue! Some suggestions:

- There was a TV chef from Oregon who would heat oil in a frying pan until it shimmered and then add chopped garlic. Viewers could watch as the garlic turned black! After three seasons he was removed from the air for having had an improper relationship with a goat or worse. The very next cooking show on the same day was a Frenchman who loudly counseled: “DON’T BURN THE GARLIC!” He was right! Burned garlic is like an indigestion express and it is hard to avoid unless you remain in constant vigilance. My trick springs from the fact that most recipes calling for garlic early in the cooking process also asks for onions. Put the onions in the pan first and cook them until they sweat moisture; then add the garlic and cook with moderate heat. The juice from the onions seem to defend against burning the garlic.
- Sweet peppers in all their colors lie in wait for the unwary. We once sailed across the Chesapeake Bay to attend a corn roast on a sand spit. I also cooked some steak kabobs that had chunks of green peppers. Tasty, but it ruined Lee’s outing. It’s bad enough to have indigestion at home, but far worse if you are an hour’s drive plus 10 miles across the bay from home.

I have some suggestions:

- When cutting up a pepper, discard all the little pale ribs visible inside the pepper along with the seeds.
- Sauté them long and slow until they are really, really limp. Sometimes when preparing onions and peppers as a condiment for hot sandwiches, I add a little water and a lid to steam them.
- Use moderation – always a good idea. The guy that adds a hay pile of fried onions and peppers to his sausage sandwich is courting more trouble than having most of it fall on his lap.

I have been doing this column for a year now without a snappy slogan. Julia Child had “Bon Appétit”, Jacques Pepin uses “Happy Cooking”. I have now filled this crying need. Mine will be: “Try not to poison anyone.”



September 2018

SUN	MON	TUE	WED	THU	FRI	SAT
26	27 Tennis 9-Noon Zumba Gold 9-10 am New Aqua Fitness 11 am Poker 7 pm	28 Yoga 10 am Mexican Train 1-4 pm New Aqua Zumba 5:30 pm MahJongg 7 pm	29 Tennis 9-Noon Pilates 10-10:45 am MahJongg 1-4 pm Poker 7 pm Canasta 7 pm	30 Yoga 9:30 am Exercise 5 pm	31 Tennis 9-Noon Zumba Gold 9-10 am Happy Hour 4:30-7 pm	1
2	3 Tennis 9-Noon Zumba Gold 9-10 am Aqua Fitness 11 am Poker 7 pm Chillin' & Grillin' 4-7 pm	4 Yoga 10 am Mexican Train 1-4 pm Aqua Zumba 5:30 pm MahJongg 7 pm	5 Tennis 9-Noon Pilates 10-10:45 am Aqua Fitness 11 am MahJongg 1-4 pm HOA 6:30 pm Poker 7 pm Canasta 7 pm	6 Yoga 9:30 am Bunco 10 am Exercise 5 pm Duplicate Bridge 7 pm	7 Tennis 9-Noon Zumba Gold 9-10 am Happy Hour 4:30-7 pm	8
9	10 Tennis 9-Noon Zumba Gold 9-10 am Aqua Fitness 11 am Poker 7 pm Villas I, II III 2:30 pm	11 Yoga 10 am Mexican Train 1-4 pm Aqua Zumba 5:30 pm MahJongg 7 pm	12 Tennis 9-Noon Pilates 10-10:45 am Aqua Fitness 11 am MahJongg 1-4 pm Poker 7 pm Canasta 7 pm Book Club 7 pm	13 Yoga 9:30 am Exercise 5 pm Condo II 6:30 pm Bridge 7 pm Social Cmt. 7 pm	14 Tennis 9-Noon Zumba Gold 9-10 am Happy Hour 4:30-7 pm Newsletter Deadline	15 Private Party 10-4 pm
16	17 Tennis 9-Noon Zumba Gold 9-10 am Poker 7 pm	18 Yoga 10 am Mexican Train 1-4 pm MahJongg 7 pm Lecture 2018 Tax Changes 1-3 pm	19 Tennis 9-Noon Pilates 10-10:45 am MahJongg 1-4pm Poker 7 pm Canasta 7 pm	20 Yoga 9:30 am Exercise 5 pm Duplicate Bridge 7 pm	21 Tennis 9-Noon Zumba Gold 9-10 am Happy Hour 4:30-7 pm Dining Out 5:30 pm	22
23	24 Tennis 9-Noon Zumba Gold 9-10 am Poker 7 pm	25 Yoga 10 am Mexican Train 1-4 pm MahJongg 7 pm	26 Tennis 9-Noon Pilates 10-10:45 am MahJongg 1-4 pm Poker 7 pm Canasta 7 pm	27 Yoga 9:30 am Exercise 5 pm Bridge 7 pm	28 Tennis 9-Noon Zumba Gold 9-10 am Happy Hour 4:30-7 pm Movie Night 8 pm Three Billboards	29
30						

Private events are not open to the community (**note**: one hour is allowed on either side of time shown for setup, breakdown and cleanup).

Red = Meetings **Blue = Community Events**, **Purple = Newsletter deadline**

